



# Wintercity YXE

## How to Keep Cozy at Home

As the cold weather approaches, it's time to settle in and make your home comfortable for the winter months. Try these cozy ideas to make your home feel warm and welcoming.

### Heat Up Your Bed

To warm up a cold bed, a hot water bottle with warm water or rice wrapped in fleece and warmed in the microwave can help. You can also swap out your lightweight summer bedsheets with flannel or fleece bedsheets for added warmth. Using a heated blanket or adding an extra quilt to the foot of your bed are other great options.



### Create Draft Blockers

If you have cold air coming in from exterior doors, you can fix this by rolling a towel or blanket and placing it at the bottom of exterior doors.

### Sun and Warmth

Although our Saskatchewan winters are cold, we do enjoy many sunny days. If you have south-facing windows, you can open the blinds and drapes to let in the warmth and light. When the sun goes down you can close them to keep the heat in. You may also want to switch out your summer curtains for drapes in a thicker fabric. Heavy drapes not only keep out drafts, but they make the room appear warmer as well.

### Wear Slippers or Woolen Socks

Keep your toes happy and your body warmer by wearing a pair of slippers or woolen socks around your home. Wool makes for the perfect warm, thick and cozy socks.



## Create a Nook

Comfy spaces are wonderful, so why not create a little nook for yourself somewhere in your home. If you have a bay window in your home, this is an excellent spot for a nook. However, you can use any part of a room to create a nook. Simply add some cushions, a blanket, something nice to sit on and use soft lighting, and you will have a cozy place to snuggle up with a book and a cup of tea.

## Add Extra Blankets

Keep extra blankets handy in rooms where you like to relax. Drape a wool or fleece blanket over the back of your couch or fill a basket with multiple blankets. Blankets are essential in any home, especially during the winter months. Snuggling up with a blanket will keep you cozy and warm.

## Pile Up Pillows

Make your couches and chairs even more inviting by adding throw pillows. Play around with different textures and colours and pick what feels coziest to you.



## Sit by the Fireplace

If you have a natural gas or wood-burning fireplace, curl up and relax while experiencing ultimate feelings of coziness and warmth. It's also a nice place to visit and spend time with family and friends.

## Make Homemade Soup

Take out your favourite soup recipe, gather the ingredients and heat up your stovetop. Not only does eating soup warm you up but hovering over the stovetop while you make the soup does too. If you're up for it, bake some homemade bread. The smell of freshly baked bread will warm your soul.



## Add an Area Rug

If you have bare floors in your bedroom, add a rug, like a small runner alongside your bed. You may also want to cover your cold bathroom floor tiles with a flat-weave rug to help keep your toes warm in the morning. Faux sheepskin rugs are a nice option for bedrooms and living rooms, but there are many different types of area rugs to choose from.